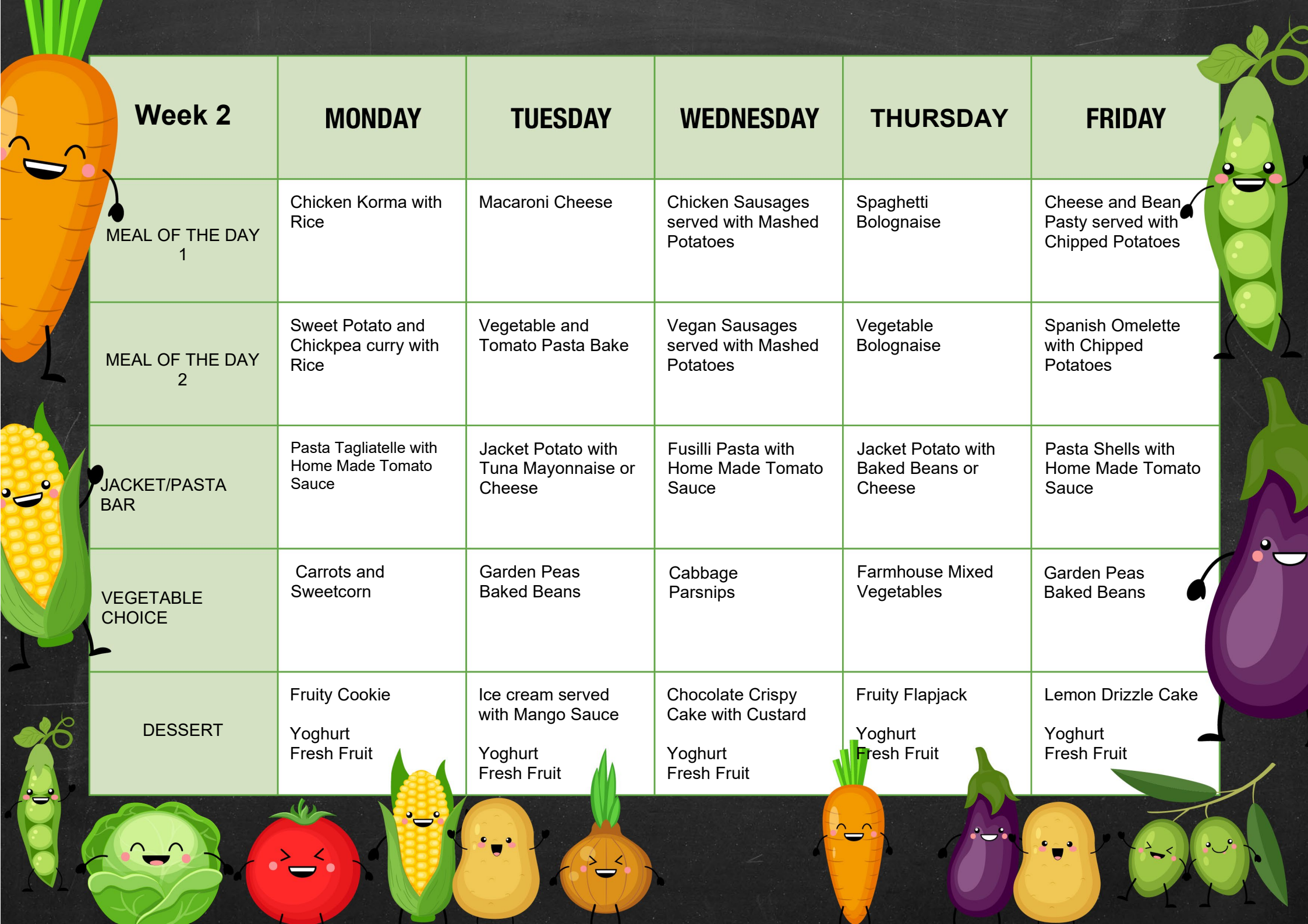
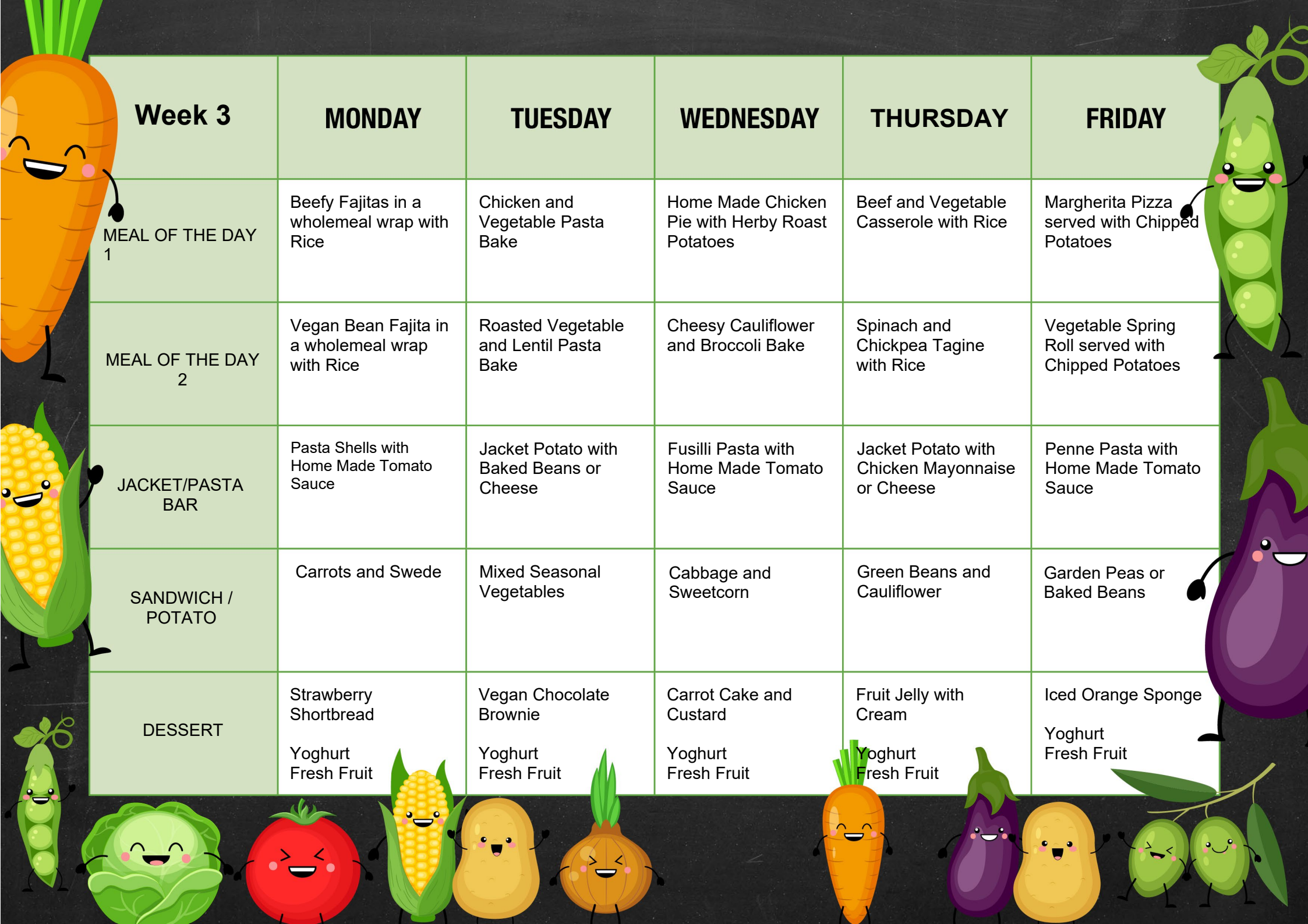


Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS OF THE DAY 1	Beef Burger in a Bun with Potato Wedges	Mild Beef Chilli con Carne and Rice	Roast Chicken served with Mini skin on Roast Potatoes	BBQ Chicken served with Savoury Rice	Hot Dog Sausage in a roll with Onions served with Chipped Potatoes
MEAL OF THE DAY 2	Vegetable Burger in a Bun with Potato Wedges	Mild Bean Cilli con Carne with Rice	Vegan Wellington slice served with Mini skin on Roast Potatoes	Falafels served with Savoury Rice	Cheese and Tomato Toasted Wrap Served with Chipped Potatoes
JACKET/PASTA BAR	Pasta shells with Homemade Tomato Sauce	Jacket Potato with Cheese or Tuna Mayonnaise	Penne Pasta with Homemade Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Fusilli Pasta served with Homemade Tomato Sauce
VEGETABLE CHOICE	Sweetcorn and Green Beans	Mixed Seasonal Vegetables	Carrots and Cauliflower	Broccoli and Spring Cabbage	Garden Peas and Baked Beans
DESSERT	Fruit Cookie Yoghurt Fresh Fruit	Jelly with Fresh Oranges Yoghurt Fresh Fruit	Apricot Shortbread Yoghurt Fresh Fruit	Chocolate Berry cake with Custard Yoghurt Fresh Fruit	Iced Apple Sponge Cake Yoghurt Fresh Fruit



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL OF THE DAY 1	Chicken Korma with Rice	Macaroni Cheese	Chicken Sausages served with Mashed Potatoes	Spaghetti Bolognaise	Cheese and Bean Pasty served with Chipped Potatoes
MEAL OF THE DAY 2	Sweet Potato and Chickpea curry with Rice	Vegetable and Tomato Pasta Bake	Vegan Sausages served with Mashed Potatoes	Vegetable Bolognaise	Spanish Omelette with Chipped Potatoes
JACKET/PASTA BAR	Pasta Tagliatelle with Home Made Tomato Sauce	Jacket Potato with Tuna Mayonnaise or Cheese	Fusilli Pasta with Home Made Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Pasta Shells with Home Made Tomato Sauce
VEGETABLE CHOICE	Carrots and Sweetcorn	Garden Peas Baked Beans	Cabbage Parsnips	Farmhouse Mixed Vegetables	Garden Peas Baked Beans
DESSERT	Fruity Cookie Yoghurt Fresh Fruit	Ice cream served with Mango Sauce Yoghurt Fresh Fruit	Chocolate Crispy Cake with Custard Yoghurt Fresh Fruit	Fruity Flapjack Yoghurt Fresh Fruit	Lemon Drizzle Cake Yoghurt Fresh Fruit





Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL OF THE DAY 1	Beefy Fajitas in a wholemeal wrap with Rice	Chicken and Vegetable Pasta Bake	Home Made Chicken Pie with Herby Roast Potatoes	Beef and Vegetable Casserole with Rice	Margherita Pizza served with Chipped Potatoes
MEAL OF THE DAY 2	Vegan Bean Fajita in a wholemeal wrap with Rice	Roasted Vegetable and Lentil Pasta Bake	Cheesy Cauliflower and Broccoli Bake	Spinach and Chickpea Tagine with Rice	Vegetable Spring Roll served with Chipped Potatoes
JACKET/PASTA BAR	Pasta Shells with Home Made Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Fusilli Pasta with Home Made Tomato Sauce	Jacket Potato with Chicken Mayonnaise or Cheese	Penne Pasta with Home Made Tomato Sauce
SANDWICH / POTATO	Carrots and Swede	Mixed Seasonal Vegetables	Cabbage and Sweetcorn	Green Beans and Cauliflower	Garden Peas or Baked Beans
DESSERT	Strawberry Shortbread  Yoghurt Fresh Fruit	Vegan Chocolate Brownie  Yoghurt Fresh Fruit	Carrot Cake and Custard  Yoghurt Fresh Fruit	Fruit Jelly with Cream  Yoghurt Fresh Fruit	Iced Orange Sponge  Yoghurt Fresh Fruit