

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Chilli	Chicken sausages	Roast Chicken	Beef Meatballs in tomato sauce	Chicken Nuggets
Vegetarian Chilli	Quorn sausages	Cheese & tomato swirls	Vegetable lasagne	Quorn Nuggets
Steamed Rice	Creamed potatoes	Roast Potatoes	Pasta	Healthy Fries
Glazed Carrots	Mixed Vegetables	Swede & Carrot	Garlic roasted peppers, onions & courgettes	Baked Beans
Green Beans	Baked Beans	Cabbage	Sweetcorn	Garden Peas
Vanilla Sponge served with custard	Jelly & Ice Cream	Artic Roll	Chocolate cake served with chocolate custard	Chocolate Chip Cookie
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar
Daily choice of fresh fruit or yogurt	Daily choice of fresh fruit or yogurt	Daily choice of fresh fruit or yogurt	Daily choice of fresh fruit or yogurt	Daily choice of fresh fruit or yogurt

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Minced beef bolognaise	Cheese & tomato Pasta bake	Roast Turkey served with stuffing & gravy	Chicken Curry	Beef Burger in a bun
Roasted Med Veg in Tomato sauce	Vegetable Chow Mein	Cheese & onion pasty	Chick pea & butternut squash curry	Quorn Burger in a bun
Spaghetti		Roast potatoes	Rice	
Sweetcorn	Roasted Onions, Peppers, Courgettes	Carrot & Swede	Sweetcorn	Fried Onions
Broccoli florets	Carrots	Cabbage		Baked beans
Ice Cream served with Sticky Toffee Sauce	Choc chip sponge & Custard	Choc Ice	Syrup sponge served with custard	Gateaux
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar
Daily choice of fresh fruit , yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit yogurt	Daily choice of fresh fruit, yogurt

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	BBQ Chicken	Seasoned Chicken Drumstick	Pasta Day with Beef or Tomato & Basil sauce	Thin Crust Cheese & Tomato pizza
Moroccan Lamb served with Cous Cous	Sweet & sour vegetables	Vegetable Samosas	Roasted Seasonal vegetables	Vegetable Nuggets
Baked Beans	Steamed rice	Spicy Potato Wedges	Garlic Bread	Healthy Fries
Garden Peas	Sweetcorn	Red Cabbage Slaw		Baked Beans
	Broccoli Florets	Sweetcorn		Sweetcorn
Mini ring donuts	Vanilla Sponge with Custard	Ice Cream Tub	Zesty Citrus sponge served with custard	Peaches & Ice Cream
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar
Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt