

Friday 27th September 2024

World Mental Health Day – Thursday 10th October 2024

Dear Parent/Carers,

World Mental Health Day – Thursday 10th October 2024 – Non-Uniform Day

The children are invited to show their support by wearing something **Yellow** to school on this day. Whether it's a scarf, t-shirt, or even socks, any pop of yellow will do.

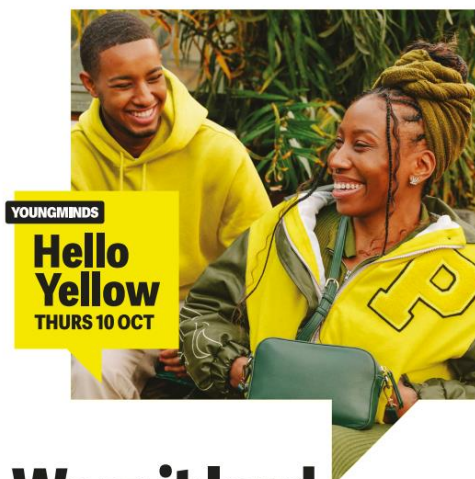
There will also be opportunities for your child to take part in activities/tasks throughout the day to support a 'positive mindset' and teach them key skills to manage their feelings e.g. mindfulness breathing.

Thank you for your support.

Kind regards,



Nicky Ross
Headteacher
Woodpecker Hall Academy
North Star Trust Leader of Primary Education



**Wear it loud.
Wear it proud.**