

21<sup>st</sup> April 2021

### Fasting During Ramadan

Dear Parents / Carers,

We are aware that Ramadan began during the Easter holidays and we understand how special and sacred this time is to Muslims across the world.

Whilst we recognise that fasting is not compulsory before the age of puberty in Islam, we understand that children are often encouraged to fast or indeed wish to fast to prepare them for adulthood.

If your child is in Year 6 and you wish them to fast, can you please let myself or Mrs Griffin know so we can make sure we support your child while they are at school.

Although it is your decision, we would recommend that Y6 children don't fast for the full week as a school day is very busy and children become hungry and thirsty. If you wish for your child to fast, please discuss this with them and decide on the days that are most suited for the child.

Please call the school and ask to speak to Mr Friend or Mrs Griffin to discuss this further.

Yours sincerely,

Mr Friend and Mrs Griffin  
Deputy Head teachers  
Woodpecker Hall and Cuckoo Hall Academy