

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	BBQ Chicken	Roast Chicken served with Yorkshire pudding & gravy	Pasta Day	Thin Crust Cheese & Tomato pizza
Moroccan Lamb served with Cous cous	Chick Pea & Pepper Chana masala	Cheese & onion pasty	Meat or Vegetarian sauce available	Vegetable Samosas
Baked Beans	Steamed rice	Roast Potatoes	Roasted Seasonal vegetables	Healthy Fries
Garden Peas	Sweetcorn	Swede & Carrot		Spaghetti Hoops
	Broccoli Florets	Cabbage		Sweetcorn
Vanilla sponge served with custard	Artic Roll	Mini Muffin	Zesty Citrus sponge served with custard	Flapjack or Chocolate Brownie served with ice cream
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar	Selection from the salad bar
Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread
Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt	Daily choice of fresh fruit, yogurt

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