

# Sex and Relationships Workshop

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Woodpecker Hall  
PRIMARY ACADEMY

# What is SRE?

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- The Sex and Relationship programme is an PSHE Topic based on supporting childrens understanding of themselves and the relationships around them
- National guidance from the DfES (Sex and Relationship Education Guidance, published in July 2000) advises schools on the provision of sex and relationships education:
- SRE should support young people through their physical, emotional and moral development.
- Formal SRE will be taught through compulsory science lessons and during other, specific lessons often called PHSE (Personal, Social and Health Education).
- Informally, children will learn about SRE through the values and ethos of the school.
- This DfES guidance also encourages schools to use professional and appropriately skilled workers from the community to assist them in the delivery of excellent SRE. (Ref: DfEE 0116/2000)



# What will they learn?

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- SRE topics are taught from Reception all the way up to Year 6
- Our teachers will be using the 'Jigsaw' programme. The programme provides a detailed and comprehensive scheme of learning for ages 3-16. Aiming to prepare children for life, helping them know and value who they really are.
- To be most effective SRE needs to start early so that children learn to talk about feelings and relationships, and are prepared for puberty before it happens to them. Studies consistently show that the majority of parents want their children to receive appropriate sex and relationships education (SRE) at school.
- The Department of Health set out its ambition for all children and young people to receive high quality SRE in its Framework for Sexual Health Improvement 2013. Following this, when the Department for Education published the new National Curriculum, they emphasised the statutory requirement to provide a balanced and broad wider school curriculum, and the need for SRE through all key stages

# CHAT Trust Guidance

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- Advice from the PSHE Association (2017) suggests that RSE should:
- Be sensitive to the range of religious and cultural views about sexual behaviour
- Ensure pupils have access to the learning they need to stay safe, healthy and understand their rights as individuals
- Include clear, impartial scientific information on matters such as puberty, abortion and assisted conception
- • Cover the law in relation to Female Genital Mutilation (FGM), Forced Marriage and Child Sexual Exploitation.



# CHAT Trust Guidance

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The trust aims to have a programme that is tailored to the age, physical and emotional maturity of the children and is delivered by academy staff and invited professionals.

A positive effort has and will continue to be made to inform and involve parents.

# New Guidance

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- The new updated sex and relationship guidance was issued as a draft in February 2019.
- Schools do not have to teach the new sex and relationship guidance until 2020
- However, in 2020 Sex and Relationship workshops become compulsory both in primary and secondary schools, parents do have a right to opt out, but only in consultation with the Head teacher and only under exceptional circumstances.

# Reception

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**The Reception curriculum covers the following topics:**

- Routines and patterns of a typical day in your life
- Importance of hygiene-why do we need to keep clean
- To recognise that all families are different-identify different members of the family...
- Building self confidence and awareness
- Managing feelings and behaviour
- Knowing the parts of the body



# Year 1 SRE

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The Year 1 curriculum covers the following topics:

- **Keeping clean**-basic hygiene principles, how to look after oneself
- **Growing and changing**-understand that babies become children then adults
- **Families and Care**- know that there are different families and know which people to ask for help
- **Body Parts**- Learn and know the names of specific body parts including the words penis and vagina



# Year 2 SRE

The Year 2 curriculum covers the following topics:

- **To understand the differences between boys and girls-** look at male and female stereotypes
- **To understand the differences between male and female-**describe the differences between male and female animals, to know that a new life needs a male and a female
- **To know the physical differences between boys and girls-**describe the physical differences between boys and girls, name the male and female body parts.





# **Year 3 SRE**

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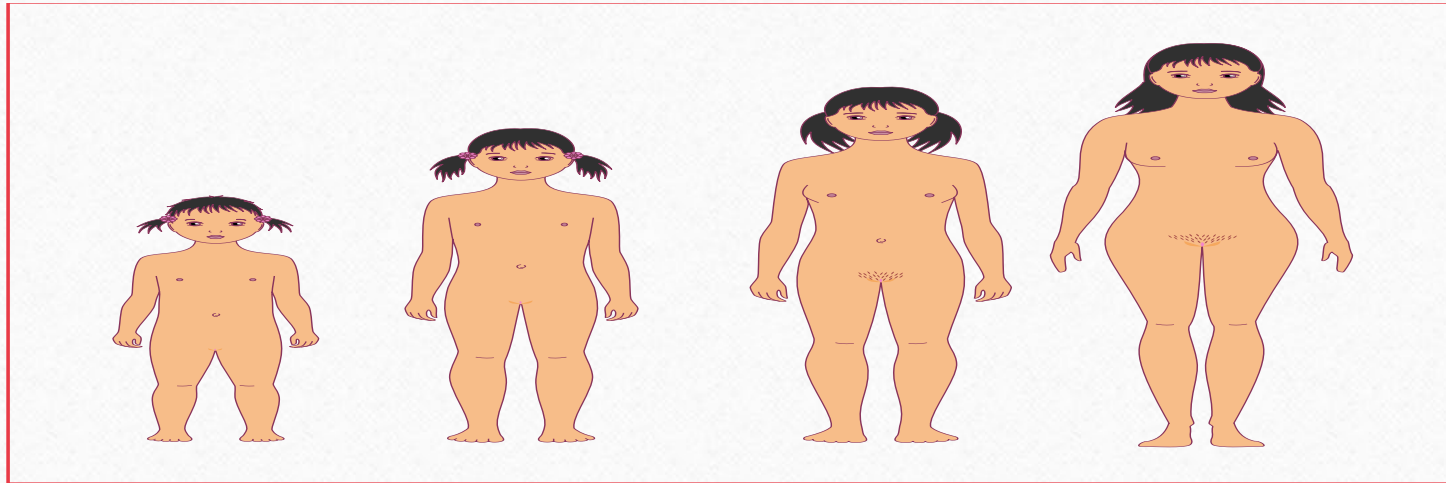
The Year 3 curriculum covers the following topics:

- **To know the differences between male and female body parts**-name male and female body parts using agreed names
- **To understand the importance of personal space**-to know that you have a right to say what you like and what you dislike
- **Family differences**-understand that there are different family types
- **Finding Help**-who to go to for help

# Year 3 learning Objective

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- I can identify how boys and girls body parts need to change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.





# Year 4 SRE

**The Year 4 curriculum covers the following topics: (Taught separately)**

- Growing and changing-describing the main stages of the life cycle, describe the body changes that happen when a child grows up
- What is puberty?- identify basic facts about puberty, know some the changes to your body during puberty
- Puberty changes and reproduction- have an identify how puberty is linked to reproduction, understand children change into adults so that they are able to reproduce.

# Understand where babies grow

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# Year 5 SRE

**The Year 5 curriculum covers the following topics:** (taught in separate groups)

- **Talking about puberty**-explain the main physical and emotional changes occurring in puberty, ask questions about puberty with confidence
- **Male and female changes**-to understand male and female puberty changes in more detail, describe how to manage physical and emotional change
- **Puberty and hygiene**-impact of puberty on body and the importance of physical hygiene

# Year 6 SRE

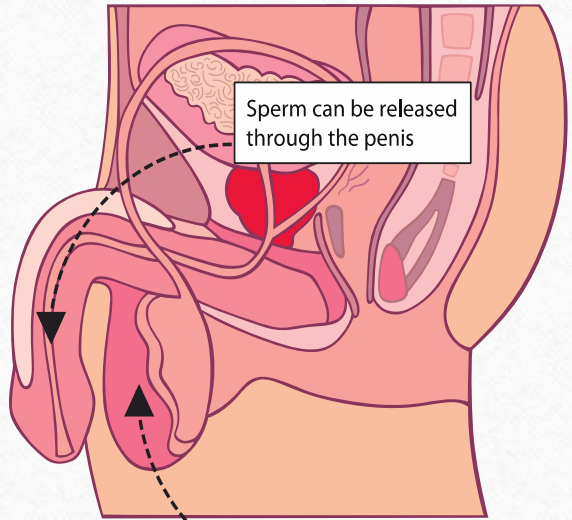
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**The Year 6 curriculum covers the following topics:** (taught separately)

- **Puberty and reproduction-** describe how and why the body changes during puberty in preparation for reproduction
- **Understanding relationships-**consider physical and emotional behaviour in relationships, discuss the different types of adult relationships, know what form of touching is appropriate
- **Conception and pregnancy-**explore the process of conception and pregnancy, describe the decisions that have to be made before having a baby, know basic facts about pregnancy and conception

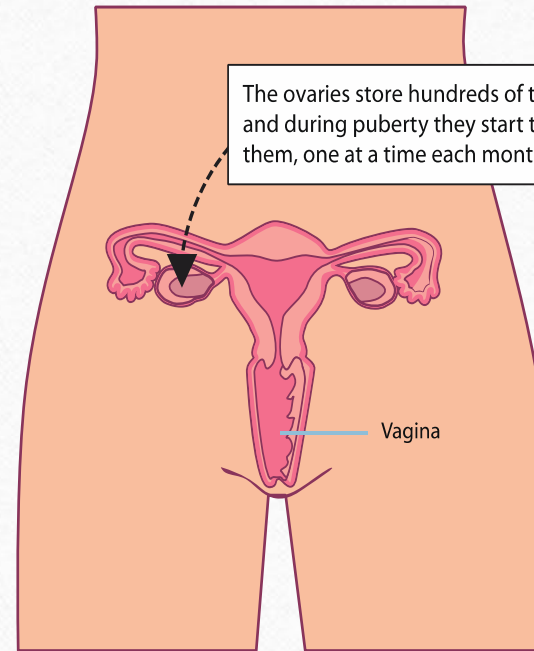


# Body Parts



Sperm can be released through the penis

The testicles grow and start to make sperm which are tiny seeds that are needed to start a baby growing



The ovaries store hundreds of tiny eggs and during puberty they start to release them, one at a time each month

Vagina

# Year 6 SRE

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- **Communicating in relationships**-explore the positive and negative ways of communicating in relationships, to know how and where to get support if an online relationship goes wrong



# Questions and Comments

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Any questions or comments???